

SPA

Sensations
by **SPA COLLECTION**



**Discover the harmony
between body and soul.**

Treat yourself like a star with a wide array of treatments.



Massage Packages

With the purchase of any package, get free access to the SPA'S wet areas.

4 massages

50 min each | **R\$ 1.600**

70 min each | **R\$ 1.880**

6 massages

50 min each | **R\$ 2.340**

70 min each | **R\$ 2.760**

8 massages

50 min each | **R\$ 3.040**

70 min each | **R\$ 3.600**

Information

- Fees are subject to a 5% surcharge (ISS).
- Rates per person.
- Prices can change without any notice.

Beauty Packages

1 exfoliation & 1 massage

75 min each | **R\$ 630**

2 massages & 1 exfoliation

125 min each | **R\$ 983**

Massage & exfoliation & Body mask

110 min each | **R\$ 832**

Access to hydrotherapy areas with dry and steam saunas, jacuzzis and different types of relaxing showers

R\$ 120,00 Pd
pp



SPA Suites Packages

Massage & jacuzzi

70 ^{min}_{each} | **R\$ 630**

80 ^{min}_{each} | **R\$ 708**

Super Relaxing

Super rest

Super relaxing massage that uses Eastern and Western techniques to relax all the muscles, gently stretch the joints and stimulate the meridian points of the body. Indicated for those who are physically and mentally tired, with great tension in the shoulders, neck and back.

Base Technique: Balinese, Swedish, acupressure and hot stones.

50 ^{min}_{each} | **R\$ 460**

Balance

The deep massage is ideal for those who have just arrived from a trip or have spent the day enjoying the sea and the pool, as it relaxes from head to toe through rhythmic movements. Indicated for those who are stressed, without energy and are visiting the spa for the first time.

Base technique: Balinese, Thai, acupressure and Swedish.

50 ^{min}_{each} | **R\$ 460**

Relax Slow Down

A new category of massage created to provide relaxation, naturally adapting to your body type. This experience combines pleasant flotation, stretching, and delicate digitopressure inspired by traditional Watsu, integrated with a relaxing massage. The first stage is performed in the heated pool, and the second on the massage table. Each session helps to enhance functional movements while improving the quality of relaxation for both body and mind.

Choose the combination that best suits your needs:

Watsu + Back Massage

Watsu + Serenity Massage

Watsu originated from the combination of Japanese Shiatsu massage with the therapeutic effect of water. Since its creation in the 1980s, it has become one of the most beneficial aquatic therapies in the world. Its benefits are numerous; now imagine them combined with a relaxing massage.

Experience:

Reduction in anxiety and stress levels

Improvement in sleep quality

Assistance in recovery after strenuous exercise

Minimization of muscle pain

50 ^{min}_{each} | **R\$ 460**



Super rest plus

Our clients' favorite massage has a new version that provides double comfort for those who wish to experience deep relaxation. Ideal for those who feel deep fatigue and discomfort in the chest when lying face down.

Base techniques: Balinese, Swedish, and hot stones.

50 ^{min}_{each} | **R\$ 460**

Oriental fusion

A massage with ancient oriental techniques performed with stretching, palm pressure, and gentle, penetrating digitopressure. The stimulated meridians help to enhance calm and vitality. Ideal for fans of Shiatsu and traditional Thai massage.

Base techniques: stretching, Shiatsu, and traditional Thai.

50 ^{min}_{each} | **R\$ 460**

Deep tissue

Perfect massage for men and women, especially for athletes. It deeply relieves tension with firm and deep movements performed partly with the forearm. Activates blood circulation, leaving the body completely relaxed. Indicated for those who have muscular pains.

Base technique: North American deep tissue and Swedish.

50 ^{min}_{each} | **R\$ 460**

No Stress

This massage is for those who wish to relieve headaches, muscle tension, and recharge their energy. Its movements, concentrated on the spine, neck, head, and face, induce a sense of calm and physical and mental tranquility. Ideal for those who spend long periods in front of a computer.

Base techniques: Balinese and Swedish.

50 ^{min}_{each} | **R\$ 460**

Hot stones

Relaxing massage that uses the heat of volcanic stones to relax the muscles of the legs, back and arms, and soothe the intestine. It has gained followers all over the world for the pleasant sensation it produces and the intense relaxation it provides. Indicated for those who wish to relax.

Base Technique: Hawaiian.

50 ^{min}_{each} | **R\$ 460**

Super nice

For those who wish to reduce swelling without giving up the delights of relaxing from head to toe in a single massage session. It is accompanied by a shot of ginger that stimulates the metabolism facilitating fat burning. Suitable for men and women.

Basic technique: Swedish, hot stones and French lymphatic drainage.

50 ^{min}_{each} | **R\$ 460**

Pure relax mom and baby

This massage, performed with the support of a long body pillow, deeply relaxes the shoulders, back, and legs, relieving tension and improving circulation. The baby naturally connects with the sensations of well-being that spread through the expectant mother's body. Tip: include an express facial massage and relax from head to toe.

Base techniques: Balinese and Swedish.

50 ^{min}_{each} | **R\$ 460**

Detox

Specially created to restore lightness and a feeling of well-being in a single session. It applies a gentle pumping of the nodes that helps eliminate toxins, followed by an ultra relaxing massage. Indicated for those who wish to relax and drain toxins.

Base technique: French drainage, Balinese, acupressure and Swedish.

50 ^{min}_{each} | **R\$ 460**

Confort relax

Ideal for those who have some health condition, but can still enjoy a relaxing massage with all the quality and safety. It relaxes from head to toe through rhythmic movements. Indicated for those who have contact restrictions in a specific region of the body, either by surgery or disease, and have medical authorization to enjoy a relaxing massage.

Base Technique: Balinese and Swedish.

50 ^{min}_{each} | **R\$ 460**

First SPA

Back massage

Relaxing massage directed to the back, neck and lumbar region. Ideal for those seeking to relieve tension. Suitable for everyone.

Base technique: Balinese, Thai, acupressure and Swedish.

25 ^{min}_{each} | **R\$ 292**

Tropical and oriental exfoliation

Cleanses, refreshes and renews the skin, leaving it soft and silky. Suitable for everyone.

Base Technique: oriental.

25 ^{min}_{each} | **R\$ 292**

Quick massage

A relaxing massage performed seated, similar to back massage, targeting the back, neck, and arms. It uses the palms of the hands and digitopressure to stimulate the meridians. Suitable for everyone.

Base techniques: Shiatsu and Swedish

25 ^{min}_{each} | **R\$ 152**

Well-being for the Feet

Basic Baby Feet

R\$ 160

Renewed feet with buffing to remove light roughness, followed by exfoliation, hydration, and traditional pedicure.

All inclusive Baby Feet **R\$ 180**

Smooth and healthy feet with the removal of calluses grade 2 and 3, intense hydration, and traditional pedicure.

Reflexology

Massage performed on the reflex points of the feet, which stimulate different parts of the body, deeply relaxing. Suitable for everyone.

Base technique: oriental.

25 ^{min}_{each} | **R\$ 292**

Tired legs and feet

Combination of 4 techniques in a single treatment to revitalize your legs, including massage, hydration and deep cleansing of the feet. Indicated for men and women, including pregnant women.

Base technique: Swedish and hot stones.

25 ^{min}_{each} | **R\$ 292**





Mermaid day SPA

180 ^{min}_{each} | R\$ 1.098

Includes 5 treatments:

- Welcome Ritual
- Body exfoliation
- Body wrap
- Body massage
- Foot SPA
- Hand SPA

Circe day SPA

120 ^{min}_{each} | R\$ 828

Includes 4 treatments:

- Welcome Ritual
- Body exfoliation
- Body wrap
- Body massage
- Body Hidration

Odisea day SPA

240 ^{min}_{each} | R\$ 1.364

Includes 9 treatments:

- Welcome Ritual
- Facial exfoliation
- Lifting massage
- Anti-aging mask
- Eye moisturizing
- Body exfoliation
- Body wrap
- Body massage
- Foot SPA
- Hand SPA





Facial Detox

Double treatment with a true cocktail of essential oils that will rebalance sensitive and dull skin, accompanied by a mask to brighten and illuminate. All this is integrated with the Serenity massage and the application of Rosehip. Suitable for both men and women.

Base techniques: Oriental Zen Shiatsu.

*Includes impurity extraction.

50 ^{min}_{each} | **R\$ 460**

60 ^{min}_{each*} | **R\$ 488**

Hair & Face

Serenity

A massage that combines techniques from South Korea, Japan, and Bali, where in a single session you can notice improvements in expression lines, a sense of serenity, and natural relaxation of the facial and neck muscles. Ideal for tired skin and people with high levels of stress.

Base techniques: Oriental Zen Shiatsu.

30 ^{min}_{each} | **R\$ 292**

Intense Shine

Combines the Serenity massage with special care for skin and hair; this treatment relaxes and restores health and shine to both hair and face. The application of the Asian massage, which minimizes expression lines with Aloe Vera mask, brings natural luminosity to your hair and skin. Suitable for both men and women.

Base techniques: Oriental and Zen Shiatsu.
Includes drying and brushing.

50 ^{min}_{each} | **R\$ 460**

80 ^{min}_{each} | **R\$ 538**



SPA Kids

Day SPA Kids

Hand SPA + Foot SPA + Massage and Facial Mask + Dream Massage.

The Dream Massage is specially performed on the head, shoulders, and back with aromatic oil to relax and induce a peaceful sleep.

The Hydrating Facial Massage lets you experience the pleasure of taking care of your skin while you relax.

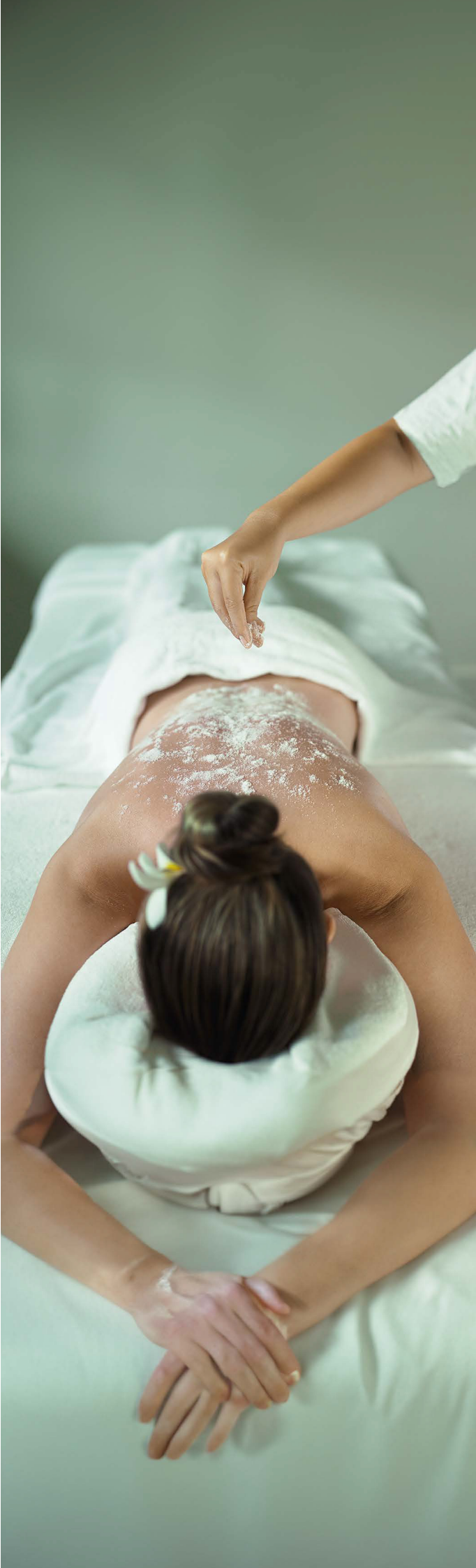
The Hand and Foot SPA is a special care for your hands and feet that is pure fun.

60 min
each | **R\$ 398**



Beauty Salon

Hydration	R\$ 232
Short Blow Dry	R\$ 232
Medium Blow Dry	R\$ 288
Long Blow Dry	R\$ 345
Blow Dry with Medium Extensions	R\$ 462
Blow Dry with Long Extensions	R\$ 577
Medium Blow Dry + Curling Iron	R\$ 345
Medium Blow Dry + Flat Iron	R\$ 345
Long Blow Dry + Flat Iron	R\$ 400
Hairstyling from	R\$ 580
Manicure	R\$ 110
Pedicure	R\$ 126
Nail Polish Change	R\$ 58





Check in

Reserve at least 30 minutes before your treatment to change and enjoy the wet areas of the spa. The treatment time cannot be extended in case of late arrival at the spa. The full amount of the treatment will be charged.



Cancellation

We request that you inform the spa reception, in consideration of other guests, at least 4 hours in advance if you are unable to attend your appointment, to avoid being charged 100% of the value as a cancellation fee.



Appointment

We recommend that you make your reservation in advance to ensure the day and time of your preference. Reservations can be made by phone or at the spa's front desk.



Amenities

A bathrobe and towel will be available for your use during your spa stay. Should you wish to keep any of these items, a charge will be made at check-out.



Jewelry and valuables

Please store jewelry and valuables in the safe in your room. The spa is not responsible for personal items lost on the spa facilities.



General information



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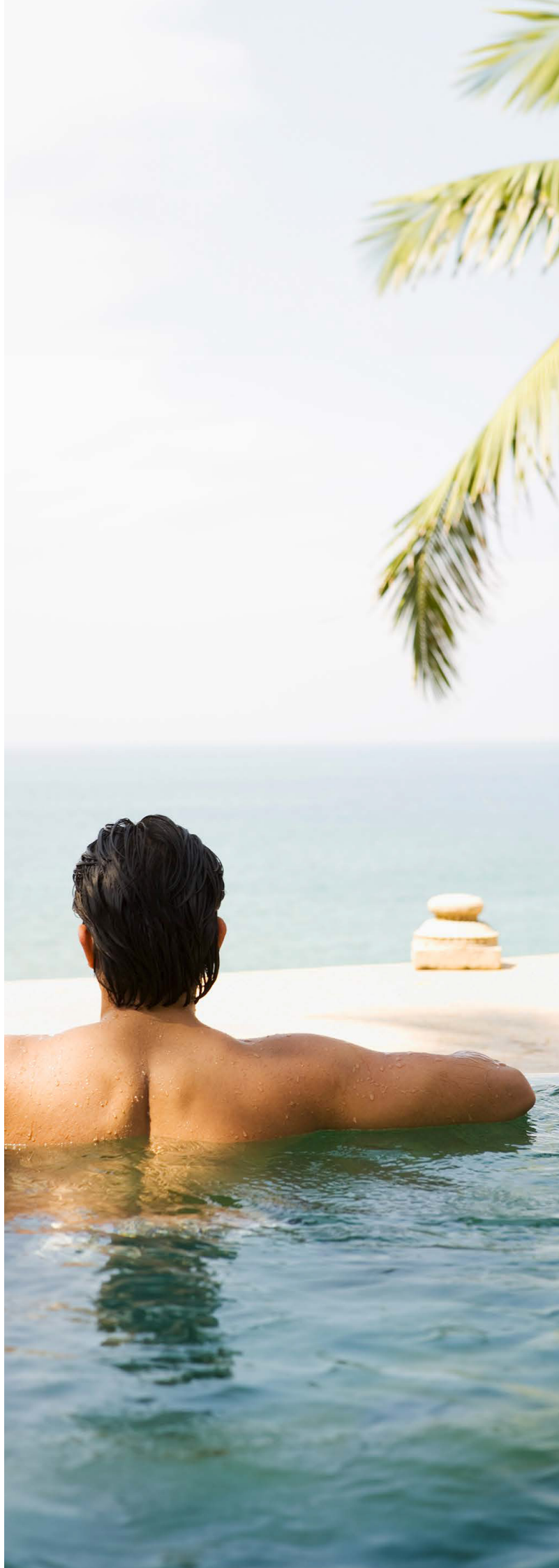
Opening hours: **9am to 10pm**



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Sensations
by **SPA COLLECTION**





IBEROSTAR

BEACHFRONT RESORTS